

<b>Programme of Study:</b> Ollie and Annie Discover 'Highland Dance'	<b>Age Group:</b> <i>KS1 &amp; 2</i>
<b>Activity:</b> Highland Dance	<b>Duration:</b> <i>25mins</i>
<b>Curriculum Area &amp; Skills:</b> The World Around Us, The Arts, Music, Personal Development & Mutual Understanding, Language & Literacy, Managing Information	
<b>Progression of Learning and Teaching: Key Teaching Points</b>	<b>Key Learning &amp; Teaching Strategies</b>
<p><b>Introduction:</b></p> <ul style="list-style-type: none"> <li>- This activity is a follow on from the What is Culture Video.</li> <li>- Highland Dance is practised across the world, here in Northern Ireland it is associated with Ulster Scots Culture.</li> <li>- The video, will show some of the history behind this dance style and will finish with a short demonstration that pupils can join in with.</li> </ul> <p>The lesson should begin by playing the video and lead to the uploaded worksheets and an open discussion.</p>	<p><b>Key Vocabulary:</b> Highland Dance Stag High Cuts Spring Point Champion</p> <p><b>Key Questions:</b></p> <ul style="list-style-type: none"> <li>- Does anyone in this class dance? Highland Dance?</li> <li>- What were some of the countries the world champions come from?</li> <li>- What was the animal that we think about when we put our hands up high and spikey?</li> <li>- Do you remember what you called the dance step that we learned?</li> </ul>

<p><b>Activities &amp; Experiences:</b></p> <ul style="list-style-type: none"> <li>- Interactive Video</li> <li>- Stag symmetry</li> <li>- Flags of Dancing Countries</li> <li>- Colour Funsheet</li> </ul>	<p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>- Highland Dance Video</li> <li>- Worksheets</li> </ul>
<p><b>Success Criteria:</b></p> <ul style="list-style-type: none"> <li>- Pupils can recall highlights from the video (eg. males danced, stag arms)</li> <li>- Pupils can create a tartan (more senior pupils may discuss clans or family tartans)</li> <li>- Pupils can listen demonstrate the step taught in the video</li> </ul>	<p><b>Assessment Method:</b></p> <p>Observation Summative Reiterate</p>
<p><b>Evaluation / Next Steps:</b></p> <ul style="list-style-type: none"> <li>- Teachers can show other videos, such as Edinburgh Tattoo or Cowal (Highland Dance world championships)</li> <li>- Other topics which the Highland Dance can link into are: History – Battle of Culloden Language and Poetry: Look at the names of the traditional dances and translations eg ‘Seann Truibhas’ which translates to ‘old trousers’ Culture &amp; PE – look at the Highland Games, try out some traditional events Below is the link to a fitness workout influenced by the 4 main traditional Highland Dances</li> </ul> <p>Step 1: Fitness video with instruction <a href="https://www.youtube.com/watch?v=gqtkMrTj9og&amp;t=4s">https://www.youtube.com/watch?v=gqtkMrTj9og&amp;t=4s</a></p> <p>Step 2: Fitness video no instruction between dances <a href="https://www.youtube.com/watch?v=9brBR0Ce148&amp;t=10s">https://www.youtube.com/watch?v=9brBR0Ce148&amp;t=10s</a></p>	